

## **Childbirth Education for New Dads**

□ Are you a father-to-be? Do you want to learn how to take care of your baby? Birthing Hospitals throughout the area offer Boot Camp for New Dads. Call your hospital today!

Community Health Partners - Lorain 440.233.1047 Cornerstone Among Women - Elyria 440.284.1010 Elvria Memorial Hospital 440.329.7466 Fairview Hospital 440.356.0347 Garfield Heights area 216.650.0553 Hillcrest Hospital 440.312.4647 or 216.445.2229 The MetroHealth System 216.778.3381 Southwest General Hospital 440.816.8036 Stephanie Tubbs Jones Health Ctr - East Cleveland 216.767.4447 University Hospitals Health System (3 locations) 216.844.4000

## **Education and Support**

- ☐ ¿Eres un padre Latino necesitado de apoyo? Are you a Latino father looking for support? Call Max or Felix at Nueva Luz, 216.651.8236
- Would you like to talk to someone about being an effective dad? Call Muqit at the Center for Fatherhood and Family Dynamics, 216.769.9754
- □ Are you a teen father? Do you need guidance and support? Call James B Wingo at **Positive Changes, 216.631.5800, ext 116**

- Would you like to be empowered to raise your children to become strong parents? Call Xavier at 283-4400, ext 2297 about the Strong Fathers program.
- Do you need help with your relationship with your new baby's mother? Call 216.348.3967 and ask about the Strong Start program.
- □ Are you involved with the criminal justice system? Do you need help with parenting or other family issues? Call the Reconnection Center, 216.431.9000
- Do you need help with your anger? Do want to be a better parent? Call Darnell Carter at Beech Brook, 216.391.4069 ext 200
- Are you coming home from prison and struggling with re-entering your family and community? Call Marc Crosby at Just Like Us Enrichment Center for support at 216.581.1400
- Do you need information regarding your financial or legal issues? Do you have relationship questions? Call the Fathers and Families Together program, 216.325.9124
- Have you been involved in a Domestic Violence situation? Need support and counseling? Call Tim Boehnlein at the Domestic Violence Center, 216.651.8484

#### **Employment and Clothing**

- Do you need help with your job search? Call Reverend Moore at Passages, 216.881.6776
- Do you need more job skills? Call Maurice Stevens at the Rising Above Initiative, 216.881.5866
- Are you involved with the criminal justice system? Are you thinking about starting your

own business? Call the Reconnection Center, 216.431.9000

 Do you need professional-looking interview clothes and motivation for your job hunt? Call Passages and ask about Suited For Men, 216.881.6776.

#### **Father and Child Activities**

- Would you like to do some fun recreational activities with your kids? Call Fred Knuckles at University Settlement, 216.441.2907 ext 228
- Are you looking for a fun place to play and learn with your child? Call Family Connections, 216.321.0079
- Are you looking for a fun place to take your child? Try the Children's Museum of Cleveland, 216.791.7114 and ask about the Dads Count program for fathers and children.

## Legal Issues, Child Support, Custody/Parenting Time

- Do you need help establishing parenting time or custody? Call intake at the Cuyahoga County Office of Mediation, 216.698.4996
- Are legal troubles or your criminal history getting in the middle of you and your family? Call Darella Motley at KeySource, 216.587.4463
- Do you need to set up supervised visitation or parenting time for you and your child? Call Deborah Benn at Safe and Sound, 216.651.8484 ext 355
- Do you want to establish Paternity and legally become the father of your child? Call CSEA, 216.443.5100

Do you need help with your child support or custody case? Call Maryann at the Children's Rights Council, 216.227.9111

# Are you looking for more information?

- □ Look for the Healthy Fathering Collaborative on the internet! Go to <u>www.neofathering.net</u> for more detailed information about all these programs and more! Look for us on facebook, <u>www.facebook.com/neofathering</u> and follow us on twitter: @neofathering
- Or...if you can't find a service you are looking for, call 211/First Call for Help at 211 or 216.436.2000
- Do you need information about fatherhood programs throughout the State of Ohio? Go to <u>www.ohiofathers.org</u> and search for programs.
- Cuyahoga County Fatherhood Initiative at <u>www.fatherhoodinitiative.cuyahogacounty.us</u>
- Ohio Commission on Fatherhood at <u>www.fatherhood.ohio.gov</u>

# FATHERHOOD FACTS:

#### Importance of Father Love for Child Well-Being:

- 1. Numerous studies have shown that father love is as important as mother love in predicting the social, emotional, and educational well-being of children.
- Children with involved, loving fathers are significantly more likely to do well in school, have healthy self-esteem, exhibit empathy and prosocial behavior, and avoid drug use, truancy, and criminal activity compared to children who have uninvolved fathers.

#### THE REAL STORY ABOUT UNMARRIED FATHERS:

**Myth:** Unwed births are the result of casual "one night stand" sex.

**The Real Story:** Most unmarried mothers and fathers are romantically involved, living together or friends when their child is born AND they intend to parent together!

**Myth:** Unmarried fathers don't care about their children.

**The Real Story:** 8 of 10 unmarried fathers provide money during the pregnancy and 75% visit the mother and baby in the hospital.

**Myth:** Mothers don't want fathers involved with their children because the men are dangerous, violent and abusing drugs and alcohol.

**The Real Story:** 9 of 10 unmarried mothers want the father to be involved in raising their child.

**Myth:** All fathers who do not pay child support are deadbeat dads.

The Real Story: Many fathers are "deadbroke" – they are poor themselves, often cannot afford to pay child support and need educational and employment support just like mothers

# Sponsored by The Community Endeavors Foundation

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# Just for Dads

Social Services Designed for the Unique Needs of Fathers

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Healthy Fathering Collaborative of Greater Cleveland

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