

Childbirth Education for New Dads

- □ Are you a father-to-be? Do you want to learn how to take care of your baby? Birthing Hospitals throughout the area offer Boot Camp for New Dads. Call your hospital today!
 - Community Health Partners Lorain 440.233.1047 Cornerstone Among Women - Elyria 440.284.1010 Fairview Hospital 440.356.0347 Hillcrest Hospital 440.312.4647 or 216.445.2229 Huron Hospital 440.312.4647 or 216.445.2229 Marymount Hospital 216.584.4379 The MetroHealth System 216.778.3381 Southwest General Hospital 440.816.8036 University Hospitals Health System 216.844.4000

Education and Support

- ☐ ¿Eres un padre Latino necesitado de apoyo? Are you a Latino father looking for support? Call Pastor Max at Nueva Luz, 216.651.8236
- Would you like to talk to someone about being an effective dad? Do you need help navigating the child support or custody systems? Call Muqit at the Center for Fatherhood and Family Dynamics, 216.769.9754
- Do you need information regarding your financial or legal issues? Do you have relationship questions? Call the Fathers and Families Together program, 216.325.9258

- Are you a young father? Do you need guidance and support? Call Stephan at Team for Teens, 330.212.4611 or 216.267.7070
- □ Do you need help with your relationship with your new baby's mother? Call **216.348.3967** and ask about the **Strong Start** program.
- Do you need help with your anger? Do want to be a better parent? Call Darnell Carter at Beech Brook, 216.391.4069 ext 200
- Are you coming home from prison and struggling with re-entering your family and community? Call Marc Crosby at Just Like Us Enrichment Center for support at 216.283.5006
- Have you been involved in a Domestic Violence situation? Need support and counseling? Call Tim Boehnlein at the Domestic Violence Center, 216.651.8484

Employment and Clothing

- Do you need help with your job search? Call Reverend Moore at **Passages**, 216.881.6776
- Do you need more job skills? Call Maurice Stevens at Urban League's Rising Tide Initiative, 216.622.0999 ext 249
- Do you need professional-looking interview clothes and motivation for your job hunt? Call Chuck Restivo at Suited For Men, 440.673.1933 or go to the resale store at 3631 Perkins Ave, 4th floor (inside Passages)
- □ Do you need help finding a job? Need housing? Call the May Dugan Center, 216.631.5800
- Are you expecting a baby soon? Do you have a new child? Do you need a better job? Call 216.348.3967 and ask about the Strong Start program.

Father and Child Activities

- Would you like to do some fun recreational activities with your kids? Call Fred Knuckles at University Settlement, 216.441.2907 ext 228
- Would you like to take a cooking class with you child? Call the Fathers and Families Together program, 216.325.9258
- □ Are you looking for a fun place to take your child? Try the Children's Museum of Cleveland, 216.791.7114 and ask about their programs for fathers and children.

Legal Issues, Child Support, Custody/Visitation

- Do you want to establish Paternity and legally become the father of your child? Call CSEA, 216.443.5100
- Do you need help with your child support case? Call Barb or Kim at Child Support Resolutions, 216.373.7401
- Do you have questions about child custody or parenting in separate households? Call Mary Malloy at 216.261.2300 for more information.
- Do you need help establishing parenting time or custody? Call intake at the Office of Mediation, 216.698.4996
- Do you need to set up supervised visitation or parenting time for you and your child? Call Deborah Benn at Safe and Sound, 216.651.8484 ext 355
- Are legal troubles or your criminal history getting in the middle of you and your family? Call Darella Motley at KeySource, 216.469.5160

Are you looking for more information?

- □ Look for the Healthy Fathering Collaborative on the internet! Go to <u>www.neofathering.net</u> for more detailed information about all these programs and more!
- Or....if you can't find a service you are looking for, call 211/First Call for Help at 211 or 216.436.2000
- Do you want to learn about the Cuyahoga County Fatherhood Initiative? Go to www.fatherhoodinitiative.cuyahogacounty.us
- Do you need information for fatherhood programs throughout the State of Ohio? Go to <u>www.ohiofathers.org</u>

FATHERHOOD FACTS:

Importance of Father Love for Child Well-Being: In an analysis of nearly 100 studies on parent-child relationships, father love was as important as mother love in predicting the social, emotional, and cognitive development and functioning of children and young adults.

Children with involved, loving fathers are significantly more likely to do well in school, have healthy selfesteem, exhibit empathy and pro-social behavior, and avoid high-risk behaviors such as drug use, truancy, and criminal activity compared to children who have uninvolved fathers.

THE REAL STORY ABOUT UNMARRIED FATHERS:

Myth: Unwed births are the result of casual "one night stand" sex.

The Real Story: Most unmarried mothers and fathers are romantically involved, living together or friends when their child is born AND they intend to parent together!

Myth: Unmarried fathers don't care about their children.

The Real Story: 8 of 10 unmarried fathers provide money during the pregnancy and 75% visit the mother and baby in the hospital.

Myth: Mothers don't want fathers involved with their children because the men are dangerous, violent and abusing drugs and alcohol.

The Real Story: 9 of 10 unmarried mothers want the father to be involved in raising their child.

Myth: All fathers who do not pay child support are deadbeat dads.

The Real Story: Many fathers are "deadbroke" – they are poor themselves, often cannot afford to pay child support and need educational and employment support just like mothers.



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Sponsored by The Community Endeavors Foundation communityendeavors@earthlink.net

> P.O. Box 606194 Cleveland, OH 44106 © CEF, March 23, 2009

Just for **Dads**

Social Services Designed for the Unique Needs of Fathers

Healthy Fathering Collaborative of Greater Cleveland

www.neofathering.net

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